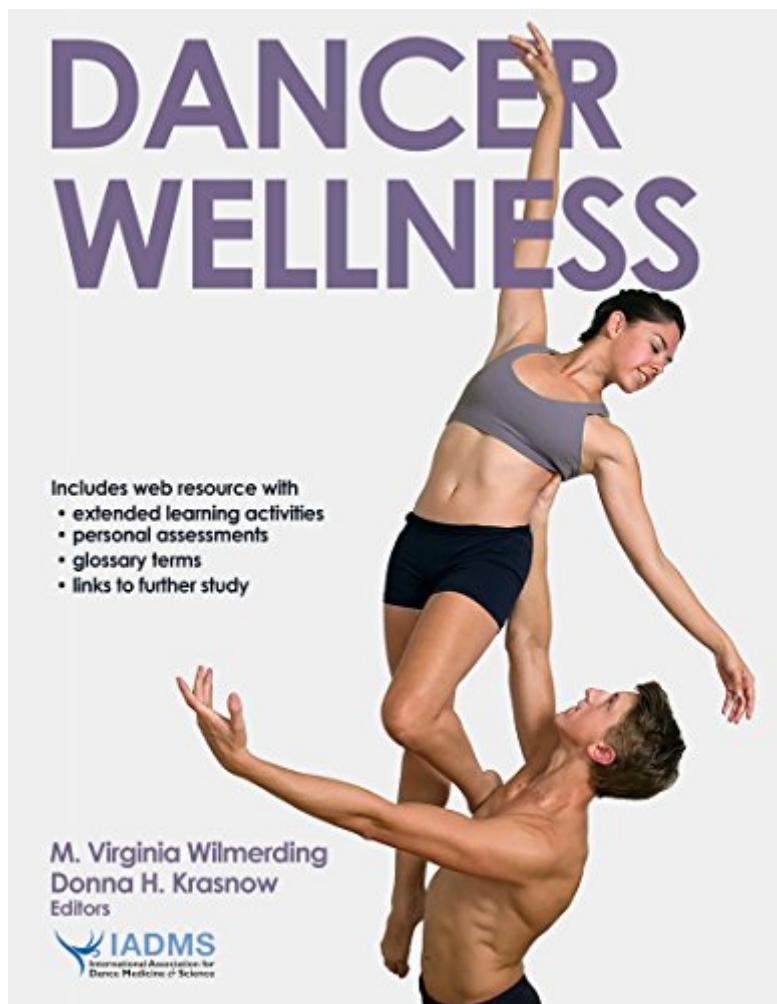


The book was found

Dance Wellness



Synopsis

Dancer Wellness, created by the International Association for Dance Medicine & Science, offers guidance on the foundations, mental components, and physical aspects of dancer wellness. Readers will learn concepts and strategies to develop as dancers and to create their own dancer wellness plan.

Book Information

File Size: 6254 KB

Print Length: 216 pages

Publisher: Human Kinetics (October 18, 2016)

Publication Date: October 18, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01M8KK0Q4

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #289,410 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #19 in Kindle Store > Kindle eBooks > Arts & Photography > Dance > Classical #120 in Books > Arts & Photography > Performing Arts > Dance > Classical #37432 in Books > Humor & Entertainment

Customer Reviews

So please to have this book.

[Download to continue reading...](#)

How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Water Fasting For Wellness: How To Start Your Very Own Water Fast For Optimal Health, Wellness and Longevity The Wellness Doctor's Guide to Preventing and Reversing Osteoporosis (The Wellness Doctor Series Book 1) Engaging Wellness: Corporate Wellness Programs That Work Awaken the Wellness Within: A Journey to Health & Wellness Ideal Protein Cookbook - The Ultimate Guide in Protein for

Fitness Health and Wellness: The Ultimate Guide in Protein for Fitness Health and Wellness
Nursing for Wellness in Older Adults (Miller, Nursing for Wellness in Older Adults) Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers Foxtrot: Learn To Dance The Foxtrot In No Time (Dance Acceleration Learn To Dance Book 1) Lance Laguna's Dance! Dance! Dance!: Master Six Ballroom Dances (Miniature Editions) Cute Dance Journal Ballet: Lined Notebook for Girls, Perfect Gift for Dancers, Teachers ~ Unique Inspirational Quote Diary for Dance Students, Teacher~ Jazz, Ballet, Tap, Hip Hop, Irish Dance The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories Dance Recital Journal Love Everyday Laugh Everyday Dance Everyday: Lined Notebook for Girls, Perfect Gift for Dancers ~ Unique Inspirational Quote Diary for Dance Students, Teacher The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy) Tap Dancing (Dance, Dance, Dance) 6 Arrangements - individual sheet music - by John W Schaum! Polka From The Golden Age, Sword Dance, Petrouchka Russian Dance, Chicken Reel, Rosamunde Ballet Music AND Mexican Hat Dance (Jarabe Tapatio) Trends in Hip-Hop Dance (Dance and Fitness Trends) (Dance & Fitness Trends) Popular Dance: From Ballroom to Hip-hop (World of Dance) (World of Dance (Chelsea House Paperback)) African Dance Trends (Dance and Fitness Trends) (Dance & Fitness Trends) Dance Wellness

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)